Minutes of TSRSCNA meeting October 12, 2019

1. Meeting Opened: 10:34 with Serenity Prayer
2. Reading of 12 Steps, 12 Traditions, and 12 Concepts.
3. 1st of 2 roll calls: 12 voting members. Quorum (7) met.
4. Motion to accept last RSC Minutes. Motion to accept was made and approved.
5. Sharing Session: None
6. Welcome new members: Jess D - RCM – Beaver Valley, Roberta - PICNA Chair, James – PICNA Vice Chair, Dan – Lake Erie RCM Alt.
7. Old Business: None
8. Nominations and Elections:
   - Kendra. Start to Live Chair, stated qualifications, Pros & Cons, Vote taken, elected to position.
   - Terry B. Regional Delegate, stated qualifications, Pros & Cons, Vote taken, elected to position.
   - Open Positions after August RSC: Chair, P & A Vice Chair, PR Chair, Additional Needs Chair, Web Chair, Web Vice-Chair, BOD at Large (2).
9. RCM Area Reports:
   - BASCNA (Butler) Present. Written report attached.
   - BVASCNA (Beaver Valley) Present. Written report attached.
   - CWANA (Central Westmoreland) Present. Written report attached.
   - CWPASCNA (Central Western PA) Absent
   - EEANA (East End) Present. Written report attached.
   - HAFANA Absent
   - ICANA (Interstate Crossroads) Absent
   - KINZUA Present. Verbal report given.
   - LCASCNA (Lawrence County) Absent
   - LEANA (Lake Erie Area) Present. Written report attached.
   - LMHANA (Laurel Mountain Highlands) Absent
   - NEASCNA (North East Area) Present. Written report attached.
   - NEWS Absent
   - NPASCNA (North Pittsburgh) Present. Written report attached.
   - PASCNA (Pittsburgh) Present. Written report attached.
   - PICANA (Pittsburgh Inner City) Present. Written report attached.
   - POANA (Penn Ohio) Absent
   - SHASCNA (South Hills) Present. Written report attached.
   - SWANA (Southwest) Present. Written report attached.
   - WANNA (We) Present. Written report attached.
   - WASCNA (Wheeling) Absent
10. 2nd of 2 roll calls: 11 voting members
11. TSRSO Reports:
    - BOD Chair Present. Written report attached.
    - BOD Treasurer Absent
Spiritual Retreat Present. Written report attached.
Start to Live Absent. Vice chair reported. Written report attached.
For Secretary Use Only:
Motion No: 3

Areas Voting: 

Votes Needed to Pass:
Simple: 2/3 majority: 3/4 majority: 

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Notes: 


In Favor: [ ] Opposed: [ ] Abstained: [ ]

Result: 


Month Published in Minutes: 


Motion: To amend current TSRSCNA policy page 21, Section XV B.: attached
"Funding will include [...]"
- 1/2 the cost of hotel rooms
- Per Diem for meals $50.00 per day (with receipts, including gratuities)

Intent: including travel days
- Inbound and outbound travel

Intent: To prohibit financial insecurity as a barrier to service in the Fellowship

Initiated By: Lana M (412)491-1264 EEANA RCM

Name
Service
Phone 
Position/AREA

Seconded By:

Name: Butter Area
Service
Phone 
Position/AREA

Date: 10/12/19
A. Travel to World Service Events
Members of TSRSCNA participating in a NAWS meeting will be reimbursed for travel, lodging, and per diem expenses incurred at those workshops, provided prior TSRSCNA approval has been obtained and proper receipts are presented (in accordance with Section X.A.7).

Only members of the TSRSCNA who are World Service Conference (WSC) participants will be reimbursed for travel, lodging, and per diem expenses incurred in conjunction with attendance at WSC, provided prior TSRSCNA approval has been obtained, and proper receipts are presented (in accordance with Section X.A.7).

Reimbursable expenses are as follows:
- Lodging
- Airfare
- Mileage (volunteer rates)
- Per Diem for meals $50.00 per day (with receipts, includes gratuities) including travel days
- Shuttle expenses to and from airports (with receipts, excluding gratuities)

B. Travel to Conference Agenda Report (CAR)
TSRSCNA will fund the following Trusted Servants to attend a Regional approved Conference Agenda Report Workshop hosted outside of the Region (including all member Areas to obtain information to present to the Region); RD, RDA, Chair, Vice Chair, RSC Subcommittees’ Chairs, RCM’s (unable to be funded by their area with documentation from their area). Trusted Servants are listed by situational importance determined by the RSC.

Funding will include:
- Pre-registration
- Mileage (volunteer rates)
- ½ of the cost for hotel rooms (including tax)
- Per Diem for meals $50.00 per day (including gratuities, including travel day)
- Inbound and Outbound tolls

Anyone receiving funding will be responsible for presenting proper receipts (in accordance with Section X.A.7).

All Regional Representatives’ funding will be in accordance with Section XV A.

A Regional Representative is a member appointed by the Chair in the absence of an RD/RDA for the purpose of representing the Region at events not hosted by the Region and its member Areas for the purpose of gathering and reporting information discussed at said event.

Regarding travel to Regional Approved Conference in off Conference years Regional Representatives reimbursed per the TSRSCNA travel reimbursement Guidelines with a cap of $300.00.
October 12, 2019

Good morning all attending the October Regional Meeting.

We have had two area meetings since our last regional meeting. The September meeting was well attended with 14 groups being represented. There were no nominations for open trusted servant positions so no elections. We just had one small housekeeping vote, which was approved.

Our October meeting was also fairly well attended with 10 groups being represented. We did fill 3 open positions. We elected a new secretary, a new literature chairperson and, for the first time in a while, a convention liaison. We are planning an event for January 11th, 2020. It is going to be a sponsor/sponsee dinner and will feature speakers that will talk about sponsoring and being sponsored. It will be held at the Sons of Italy in Butler. More will be revealed at our next meeting. Between the two meetings we decided to send a $300.00 donation to the region and a $300.00 donation to the World. The area has asked me to find out when our last Regional donation to the World was made and for how much.

Our next meeting will be at 10am on November 2, 2019. Our meetings usually last less than two hours which will allow plenty of time to attend and enjoy the STL 37 Convention.

With Gratitude in service - Terry S. RCM
RCM REPORT OCTOBER 2019

ISSUES:

- Not all Homegroups are sending a GSR to Area Service. We have placed an announcement to be read during GSR reports requesting that every BVASCNA Homegroup have a GSR that attends Area Service each month.
- The church where Area Service is held is being sold and we have selected a new location. Beginning 12/1 Area Service will be held at: Church of the Savior 420 Maplewood Avenue Ambridge, PA 15003

EVENTS:

- Halloween Social 10/26 at Vanport Firehall. Doors at 6, Speaker at 7, Dance at 8. $3 per person, $5 per couple.
- Helpline workshop 12/1 from 3pm to 4pm during PR subcommittee meeting at Area Service.

SERVICE:

- H&I new commitment: Gateway Boys Youth. Tuesdays at 7pm. All weeks and Panel Coordinator are open.
- H&I Openings: Capretto’s Cove – Panel Coordinator
  Girl’s Youth – 3rd week
  Men’s Jail – 4th week
  Women’s Jail – 1st, 3rd, 4th weeks and Panel Coordinator

ILS,

Jess D
ASC: Sep 15, 2019

- Attendance and open positions
  - All trusted servants were present. Open positions are Vice Secretary, Vice Treasurer, P&A chair, BOD representative, Additional Needs, Convention Liaison, and Alternate RCM.
  - 15 out of 19 groups were present. Of those 15 groups, 12 voting GSR’s were present. Quorum was met.
- H&I: Torrance Hospital needs weeks 1, 3, & 5 panel leaders
- No old business
- New Business: to remove Additional Needs, Convention Liaison, BOD. Motion seconded and will be brought back to groups
- Nominations and elections
  - Steph W was nominated and elected to Treasurer position.
- Group Reports
  - Following groups need active home group members: New Learn to Live, Living in the Moment, Stop Dying Start Living, and A New Beginning.
  - Stop Dying Start Living and New Learn to Live need attendance.
  - Tuesday Newners, Stop Dying Start Living, and No Matter What all need a GSR.
  - Miracles at Work will have their anniversary on October 29th. Doors open at 5pm, food fun and fellowship at 6pm, and speaker at 7pm.

ASC: Oct 6, 2019

- Attendance and open positions
  - All trusted servants were present. Open positions are Vice Treasurer, P&A chair, BOD representative, Additional Needs, Convention Liaison, and Alternate RCM.
  - 14 groups were present. Of those 14 groups, 10 voting GSR’s were present. The total amount of groups is 19. Quorum was met.
- H&I
  - Torrance State Hospital needs weeks 1 & 5
- Activities: requested more attendance at subcommittee meetings
- Literature: Accidentally ordered a case of “It Works How and Why” instead of Basic Texts that were intended to be brought into the jail. Motions were made on what to do with the extra books.
- Old Business: to remove Additional Needs, Convention Liaison, and BOD. Motion failed
- New Business: to donate the 5 last extra paperback It Works How & Why texts to activities to use as prizes in gift baskets & to have towards our next Thanksgiving & New Years Eve events. Motion voted at ASC and passed.
- Unc nominated & elected to Vice Secretary position
- Group Reports
RCM Sheet

- Open positions: Vice Treasurer, P&A chair, BOD representative, Additional Needs, Convention Liaison, and Alternate RCM.
- Torrance Hospital needs weeks 1 & 5 panel leaders
- Activities meets on the last Saturday of every month at 5pm (along with PR) at Holy Trinity Lutheran Church. 211 Gaskill Ave in Jeanette, PA. They only had 4 in attendance for last meeting and need more attendance.
- Groups
  - Miracles at Work meets at Prince of Peace Lutheran Church at 1325 Mission Rd in Latrobe, PA at 7pm on Tuesdays. They are having their anniversary on October 29th. Doors open at 5pm. Food fun and fellowship at 6pm, and speaker at 7pm.
  - New Learn to Live meets at Holy Trinity Lutheran Church at 211 Gaskill Ave in Jeanette, PA on Mondays at 8pm. They need active home group members, GSR, and attendance.
  - Stop Dying, Start Living meets at First United Methodist Church at 310 Oak St in Irwin, PA on Thursdays at 7pm. They need attendance.
  - Tuesday Newners meets at First Baptist Church at 1228 Brinkerton Rd in Greensburg, PA at 12pm on Tuesdays. They need a GSR.
  - Spiritually Lit meets at Sage’s Army Headquarters at 216 4th St in Irwin, PA at 10am on Sundays. They need active home group members and are now an open meeting.
  - Living In the Moment meets at First Methodist Church at 15 East 2nd Street in Greensburg, PA on Thursdays at 12pm. They need active home group members.
EEANA Area Service: 9/7/19 & 10/5/19

14 and 10 home groups present and voting, respectively.

Open Positions: Vice Secretary, Treasurer, Vice Treasurer, Alt. ABR

Election will be held in November for: P&A Chair and Vice Chair, H&I Chair and Vice Chair, PR Chair and Vice Chair

Trusted Servant Reports/Highlights

Topics Discussed

- EEANA rented the Regional PR booth for the annual Recovery Walk, 9/14/19. The event was a success.
- Area Learning Day to be held in March 2020. More will be revealed.

Area Announcements

Shady Group: will be hosting their annual Haunted Meeting on Saturday, 10/26 at Sacred Heart Activities Building, 6250 Alder St. Shadyside, PA 15206. Candy, costumes, and candlelight at 7, spooky discussion at 8pm.

Hazelwood Group: is moving effective 11/13 to Saint Steven's Church, 134 Elizabeth St, Pittsburgh, PA 15207. No smoking on church property. Same meeting day and time - Wednesday at 8p.

Just Do It Group: on Saturday mornings has moved. Starting August 3rd, at 10:30am-11:30am located at The Meeting Room at 911 Hazelwood Ave., Pittsburgh, PA 15217.

60 Minutes: has moved to Olmo Ling Center For Meditation. We kindly ask that you remove your shoes out of respect for the facility. Meeting time and day remains the same - Sundays at 7pm - 1101 Greenfield Ave, Pittsburgh, PA 15217.

The Beechwood Group: has moved to Homestead United Presbyterian Church, 908 Ann St, Homestead, PA 15120. Meeting day and time remains the same: Tuesdays at 8pm.

Meetings In need of support: Monday Night Serenity in McKees Rocks, It’s Lit Fam on Monday nights in Highland Park, Greenfield Friday Night Group, Wellness in Recovery in Bloomfield Saturday nights.
LEANAN has held two area meetings since we last met. In September we had 32 in attendance with 21 home groups represented. 31 in attendance in August with 21 home groups represented. We are still looking to fill the PR Chair and Vice Chair positions. We meet the 3rd Sunday of every month at 3pm at the MHA on 1101 Peach Street in Erie. H&I subcommittee meets at the same location and day at 1:30.

UPDATES

We distributed the packages of hope through a lottery system and got them to the homegroups. We send our thanks to the region for their support!

Our text update line is active and so far has been a success. People text “start” to the number to begin receiving SMS notifications on area meeting closures or location changes or other updates. They can text “stop” to stop receiving messages.

We approved ordering our literature from Region moving forward and are voting on if anything over 12% added for taxes, shipping and handling from the groups will be covered by the LEANA area funds, as region does not have a flat shipping rate, it will fluctuate based on the size of the orders.

We are looking forward to seeing everyone for Start to Live!

Thank you for letting me serve,

Jason G

814-969-9891

jasongochoco@gmail.com
North Pittsburgh Area of Narcotics Anonymous-Region Report

October 12, 2019

http://northpittsburghna.org

Area Events – Full Details on our area website

The Plot Thickens Anniversary
October 17th, 2019 6:15 pm
Food, fun, and Fellowship 6:15 pm
Meeting at 7:30 pm

Cranberry Candlelight Anniversary
October 18th, 2019 9:30 pm
Food, fun, fellowship at 9:30 pm
Meeting 10:30 pm

Lost Chapel Anniversary
October 21st, 2019 6:30 pm
Food, fun, fellowship at 6:30 pm
Meeting 7:30 pm

Next Area Service October 26th, 2019

H & I Workshop at 2:30 Every Month – Needs support
H& I at 3:30
PR at 4:00
Activities at 4:30
Area Service at 5:00

Berkley Hills Lutheran Church, 517 Sangree Rd, 15237

Donations to Region

Voted to Donate $1210.06 to Region on 09/07/19

Voted to Donate $0.00 to Region on 9/28/19

1. Area Groups – 49 Groups

- 20 Voting GSRs for 09/07/19 Area Service
- 18 Voting GSRs for 09/28/19 Area Service
2. Vacant Area Positions

- Treasurer
- Start To Live Liaison
- Alternate RCM
- Public Relations Chair
- P&A Chair
- Website Coordinator

Report prepared by RCM – Jason K 412-709-0754 and email newnappyadler@gmail.com
NEASCNA Report to Region 10/12/2019

The NEASCNA now has 44 Home Groups. We met 2 times since last Region. We did not have Quorum at the August Meeting, At the Sept meeting we had 22 groups attend. We lost our vice chair due to a family illness. We are in need of an H&I chair. The H&I committee continues to function thanks to some experienced members.

WE have changed our PO box. Our new address is PO BOX 298 Verona Pa 15147. We have a $4000.00 donation to Region.

We will be holding a Halloween Dance on 10/25 at St James Church 1154 Frankstown Rd. Pgh 15235. 5 to 12 Speaker at 6PM costume party to follow. $5 a person $8 a couple. No addict turned away. The flyer is on the Regional Web site.

Our Kittanning home groups are also holding a Halloween Dance on 10/19 9-11PM at St Johns Lutheran Church in Kittanning to support their Free Campout they hold each summer.

Yours in Service.

David S

412-628-1057

Dgs121947@gmail.com
NEASCNAS FREAK SHOW
COME ONE COME ALL
HALLOWEEN PARTY

5pm to 12am
SPEAKER AT 6PM

FAMILY FRIENDLY, KIDS PRIZES, MUSIC, FOOD

FRIDAY, 25 OCTOBER
ST. JAMES EPISCOPAL CHURCH
1154 FRANKSTOWN RD PGH 15235

COVERED DISHES ARE WELCOME!
COST: $5 PER PERSON $8 A COUPLE (KIDS FREE)

BEST COSTUME PRIZE GIVEAWAY Men/Women
Winners get Registration to Convention Package

CONTACT: AMBER G 878-847-8146 HALEY T 412-699-3655
SANDY S 724-309-5276
Pittsburgh Area Service Committee of Narcotics Anonymous
P.O. Box 4994
Pittsburgh, Pa. 15206

PASCNA RCM Report
to the Regional Committee
Date: October 12, 2019

Good morning everyone, I'm an addict and my name is Sharon C. I would like to take a minute to give everyone an overview of how PASCNA Area is doing.

As of today, PASCNA Area has 6 Trusted Servants

Area Chairperson: Rhonda B.
RCM: Sharon C.
Outreach Chair: Ty Mac

Activities Chairperson: Denise L.
Shared Service Member: Kenny J.
Shared Service Member: Bob J.

As you can see we have no JAS Chair; PR Chair; Secretary; BOD Rep.; Transportation Chair; H&I Chairperson and Treasurer. We will hold elections for these positions at our next Area Service meeting on October 27th.

Area:

The PASCNA Area now has 32 groups, there were 12 GSR’s in attends at our September area service meeting. Our NA groups donations for August totaled $449.00 and for September $367.00.

PASCNA Area motion: 1. To vote on the Tri-Area Conventions Policy.
2. To send 3 of our Trusted Servants to the MARLCNA Conference.

JASC:
The September JASC meeting was canceled. At the October meeting we discussed the Outreach Learning Day that will be held on November 23rd at the YMCA in Homewood, from 12 noon to 3pm. We also discussed PASCNA paying for the 3 Trusted Service members going to MARLCNA.

H&I Committee:

Darryl R. is stepping down as H&I Chairperson as of this month.

1) VA Monday at 7pm-needs 2 panel leaders
2. VA Friday at 7pm- needs 2 panel leaders
3. Sojourner House Sunday at 6pm-filled
4) Gardenzia Wednesday at 7pm- filled
5) ACTA Thursday at 2:45 pm-needs 2 panel leader
6. Mercy Hospital Saturday at 6pm-filled
7. Female Offenders Wednesday at 1:30pm-needs 2 panel leaders
8. Alpha House Tuesday at 1:00pm-filled
9. CISP Adolescents Program (We are not going into this facility at this time)

If anyone needs a H&I workshop, please attend their regularly scheduled H&I meeting every 4th
Sunday at 12:00pm.

**Activities Committee:** Our 1st Holiday Party Fundraisers on September 14th 2019 loss money - ($179.26) because of lack of participation. 2nd Holiday Party Fundraisers is October 12th (today) this event will be held at St. Maria Goretti in Bloomfield It starts at 2pm.

**Outreach Committee:**
We discussed the Learning Day scheduled for November 23rd and how to generate more participation from the GSR's and potential GSR's.

**Shared Service:** Bob J. gave a verbal report - more will be revealed.

If you want to get involved with Tri-Area (Shared Service) please contact Chairperson: Pam. W. @ 412-452-0624 or Vice Chairperson Amelia B. @ 412-287-1892

**PASCNA Area Treasurer's Report:**
- August 2019 Beginning Balance $4,662.88
- August 2019 Ending Balance $3,421.78
- September 2019 Beginning Balance $3,421.78
- September 2019 Ending Balance $3,208.69

Thanks for listening.

Sharon C. PASCNA RCM  
(cell) 724-919-0175
met. September 1st + Oct 6th 19
Area changed their time from 3pm to 1pm.
Ryan M nominated Merchandise chair.
Dane L voted in Vice Sec.

Next Nov 3 1pm open @ 730
Meet @ 830
3104 W. Liberty

MAIN committee

Bethlehem Haven. Have not found
anyone to pick up any commitments
yet.

on Watson Wed @ 7

Feb 7th
The WE Area service committee met twice since the last regional meeting. On September 1st and October 6th. All elected trusted servants were in attendance on both dates.

On September 1st, 26 of the 46 GSR's were present. Amanda H. was elected area secretary. A motion was introduced, and passed to move the November area service meeting to the second Sunday of the month because of the convention. I distributed the hope packages for Start to Live.

On October 6th, 35 of the 46 GSR's were present. Lori T. from the Exact Nature To Freedom group was nominated for Vice Chair of Activities for the spiritual retreat. Next area service meeting will be on November 10th.

The WE Area H&I subcommittee has started the process of revamping its guidelines. We met on September 8th to start and the next meeting is scheduled for October 20th. The New Way of Life group is hosting a H&I workshop Saturday October 19th at 4pm. 2370 Pittsburgh Rd Smock, PA. Pizza and refreshments will be provided.

The WE Area Activities Committee is holding a scavenger hunt on October 13th at Sampey Park, Adams St. Perryopolis, PA. Scavenger hunt at 1pm, Food at 3pm, and Speaker at 5pm
Regional Meeting H&I Report. 10-12-19

we met last month first 28th

on area attended:

East End: Service 4 Facilities. 8 meetings
Salvation Army 5th wk open. All others filled.

Reports Emailed.

Clara: Turnervale State Hospital 5th wk open
They service 6 Facilities. 7 meetings
Westmoreland City Jail meet 2nd wk open.

NPACA: Mt. Zion Greenbriar wk 1, 4 open.
Ridgeway Fernl wk 1, 4. Sun. 7 PM.
Ridgeway meet wk 2, 5 Sun 7 PM.

Report not very close.

Shasna: S.Mill Service 6 Facilities. 4 meetings.
All rooms booked filled.
Jefferson Hospital is to be handed off to other
Area willing to facilitate.

Old Business:

We are going to change H&I meetings to
every other month opposite of Regional
meetings. To help attendance. Possibly.

New Business:

We will be hosting Annual H&I Conference for 2020
more will be revealed. Thank for allowing me
to serve.
12 members present

P+A will meet on odd months (starting Nov 23) second Saturday at 10 am.

Outreach Subcommittee now meets second Saturday at 10 am.

Reviewed RCM toolkit and approved.

Jim signed checks - need 2nd sig.

Discussed Zonal forum STL bills (hotel, registration, per diem) - Toni will put on credit card. Jesse will keep track of all AOs and breakfast.

Terrence discussed a move to "Microsoft Teams".

Discussed printing of new policy booklets.

Subcommittees chairs: email me any guideline/policy changes for your subcommittee for the last 3 years. Deadline next Regional Service meeting.

Will print 40 copies of booklets for February RSC.
Website Subcommittee Report
October 12, 2019, Tri-State Regional Service Committee.

Development continues on the BMLT for our website. To be able to maintain our meeting search page on WordPress we will need to update our web hosting plan. The Website Committee is evaluating options and will address solutions in the next Policy and Administration Committee meeting. It is anticipated the new BMLT meeting search will be up before the Convention.

The Website Workshop at the convention will host members from the Northeast Zonal Forum experienced with the BMLT in their Regions. The Website Workshop will be 10 pm Saturday night, October 2.

New literature price list was developed with the special worker and is up on the website.

The Start to Live page was developed with the Start to Live committee.

P&A for August 24 was cancelled and this has been reflected on the website.

Please check to make sure the “Area Info”, particularly for the mailing address, for your area is current on the website.

Event Flyers have been updated when received including several for Start to Live events. Please remember to email area event flyers to events@tssrna.org.

Thank you for allowing me to serve.

Terrance Z.
Out Reach

Letters from inmates are coming in very slow. And those who do have sponsors have not written back. I will be sending out another letter to all of the inmates to see if they still want to continue with this program.

I spoke with HI from WE, and they would like to do the SBTW for the SCIFayette. I will be sending info to them. The Out Reach Committee meets the 3rd Sat of Month at 10:30. The Committee has changed this to the 4th Sat of the month at 10:00 on the odd months.
# TSRSCNA
## Reconciliation Detail
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<td><strong>Total New Transactions</strong></td>
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-11:45 AM
09/28/19
## TSRSCNA
### Transaction Detail by Account
#### August 2019

**Accrual Basis**

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<th>Type</th>
<th>Date</th>
<th>Num</th>
<th>Name</th>
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<td>Pioneer</td>
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<td>08/10/2019</td>
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Page 1
**Business Checking**

**SUMMARY**

**Balance Calculation**

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<th>Description</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Previous Balance</td>
<td>14,169.91</td>
</tr>
<tr>
<td>Checks</td>
<td>3,309.10</td>
</tr>
<tr>
<td>Debits</td>
<td>71.34</td>
</tr>
<tr>
<td>Deposits &amp; Credits</td>
<td>1,099.52</td>
</tr>
<tr>
<td><strong>Current Balance</strong></td>
<td><strong>11,888.99</strong></td>
</tr>
</tbody>
</table>

You can waive the monthly maintenance fee of $9.99 by maintaining an average daily balance in your account of $5,000 or by making 5 qualifying transactions that post to your account during the statement period.

Your average daily balance used to qualify this statement period is: $12,798

Your number of qualifying transactions this statement period is: 3

Your next statement period will end on September 30, 2019.

**TRANSACTION DETAILS**

**Checks**

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<th>Check #</th>
<th>Amount</th>
<th>Date</th>
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<tbody>
<tr>
<td>289</td>
<td>37.10</td>
<td>08/14</td>
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**Debits**

Other Debits

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<th>Description</th>
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<tbody>
<tr>
<td>08/09</td>
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<td>Verizon Paymentrec 080919 7500547110001</td>
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**Deposits & Credits**

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<th>Description</th>
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**Daily Balance**

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<th>Date</th>
<th>Balance</th>
<th>Date</th>
<th>Balance</th>
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</thead>
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<tr>
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<td>15,198.09</td>
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**US 759 2 1**

**TRI STATE REGIONAL SERVICE OFFICE COMMITTEE OF NARCOTICS ANONYMOUS Business Green Checking**

**Previous Balance**

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>14,169.91</td>
</tr>
</tbody>
</table>

**Total Checks**

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>3,309.10</td>
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**Total Debits**

<table>
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<tr>
<th>Amount</th>
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<tbody>
<tr>
<td>71.34</td>
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**Total Deposits & Credits**

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<tr>
<th>Amount</th>
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<tbody>
<tr>
<td>1,099.52</td>
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**Current Balance**

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>11,888.99</td>
</tr>
</tbody>
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Member FDIC  Equal Housing Lender
Checking Account Balance Worksheet

Before completing this worksheet, please be sure to adjust your checkbook register balance by:

- Adding any interest earned
- Subtracting any fees or other charges

1. Your current balance on this statement
   - _____

2. List deposits which do not appear on this statement
<table>
<thead>
<tr>
<th>Date</th>
<th>Amount</th>
<th>Date</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

3. Subtotal by adding 1 and 2
   - _____

4. List outstanding checks, transfers, deposits, PDC purchases or withdrawals that do not appear on this statement
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<thead>
<tr>
<th>Date/Check No.</th>
<th>Amount</th>
<th>Date/Credit No.</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td></td>
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<td></td>
<td></td>
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</tbody>
</table>

5. Subtract 4 from 3. This should match your checkbook register balance
   - _____

CUSTOMER SERVICE
If you have any questions regarding your account or discover an error, call the number shown on the front of your statement or write to us at the following addresses:

Citizens Bank
Customer Service Center
P.O. Box 1201
Providence, RI 02940-1201

Change of Address
Please call the number shown on the front of your statement to notify us of a change of address.

DEPOSIT ACCOUNTS ARE NON-TRANSFERABLE
Personal deposit accounts, such as CDs and savings accounts, cannot be transferred to another person or to a corporate entity.

Citizens Bank is a brand name of Citizens Bank, N.A.

ELECTRONIC TRANSFERS

In Case of Errors or Questions About Your Electronic Transfers
(For Consumer Accounts Used Primarily for Personal, Family or Household Purposes)
Telephone us at the customer service number provided on Page 1 of this statement or write to us at the customer service address provided as soon as you can. If you think your statement or receipt is wrong or if you need more information about an electronic transfer on the statement or receipt, we must hear from you no later than 60 days after we sent you the FIRST statement on which the error or problem appeared.

- Tell us your name and account number, if any.
- Describe the error or the transfer you are referring to, and explain as clearly as you can why you believe it is an error or why you need more information.
- Tell us the dollar amount of the suspected error and, if possible, the date it appeared on your statement or receipt.
- It will be helpful to us if you also give us a telephone number at which you can be reached.

For further assistance and advice on investigating an error or correcting any error promptly, we will investigate your complaint and will correct any error promptly. It may take up to 90 business days. If you are a new customer, for electronic transfers occurring during the first 30 days after the first deposit is made in your account, to do this, we will credit your account for the amount you think in error, so that you will have the use of the money during the time it takes us to complete our investigation.

OVERDRAFT LINES OF CREDIT
BILLING RIGHTS SUMMARY
What To Do If You Think You Have a Mistake On Your Statement:
If you think there is an error on your statement write to use at the customer service address provided as soon as possible.

In your letter, give us the following information:

- Account number: Your name and account number.
- Dollar amount: The dollar amount of the suspected error.
- Description of Problem: If you think there is an error on your bill, describe what you believe to be wrong and why you believe it is a mistake.
- Date and place of transaction: You must contact us within 90 days after the date on the error statement, the statement which notified you of the error.
- Expected date of payment: You may call us, but if you do not we are not required to investigate any potential error and you may have to pay the amount in question. While we investigate whether or not there has been an error the following items:
  - We cannot charge you interest on your account.
  - If the charge in question may remain on your statement and we may continue to charge you interest on that amount.
  - If we determine that we made a mistake, you will not have to pay the amount in question or any interest or other fees related to that amount.
  - While you do not have to pay the amount in question, you are responsible for the remainder of your balance.

- We can apply any unpaid amount against your credit limit.

INTEREST CHARGE CALCULATIONS FOR OVERDRAFT LINE OF CREDIT ACCOUNTS BASED ON AVERAGE DAILY BALANCE COMPUTATION METHOD
Calculating Your Interest Charge
We calculate the interest charge on your overdraft line by applying the Daily Periodic Rate to the Average Daily Balance. Then, we multiply that result by the number of days in the billing cycle in which the balance is owed on your Overdraft Line. This gives us the total interest charge for that billing period.

Calculating Your Average Daily Balance
To calculate the average daily balance, we take the beginning balance of your Overdraft Line each day (which does not include any unpaid interest charges or fees), and add any new loan account as of the date of three accruals and subtract any payments or credits. This gives us the daily balance. Then, we add all the daily balances for the billing cycle together and divide the total by the number of days in the billing cycle. This gives us the average daily balance of your account.

Credit Denial Reporting
We may report information about your Overdraft Line to credit bureaus for each credit account holder of your checking account. Late payments, missed payments, or other delays on your Overdraft Line may be reflected in your credit report.

Thank you for banking with Citizens Bank.
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<tr>
<th>Type</th>
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<th>Name</th>
<th>Clr</th>
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# Transaction Detail by Account

## September 2019

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Direct Public Support

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Operations Supplies

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Telephone, Telecommunications

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Total Operations

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Business Checking

SUMMARY

Balance Calculation

Previous Balance 11,888.99
Checks 336.98 -
Debits 106.20 -
Deposits & Credits 4,147.06 +
Current Balance 15,589.87 =

You can waive the monthly maintenance fee of $9.09 by maintaining an average daily balance in your account of $2,000 or by making 5 qualifying transactions that post to your account during the statement period.
Your average daily balance used to qualify this statement period is: $11,728
Your number of qualifying transactions this statement period is: 5
Your next statement period will end on October 31, 2019.

TRANSACTION DETAILS

Checks* There is a break in check sequence

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<td>291*</td>
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<td>09/09</td>
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Deposits & Credits

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<tbody>
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<td>09/30</td>
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Previous Balance 11,888.99

Total Checks 336.98
Total Debits 106.20
Total Deposits & Credits 4,147.06
Current Balance 15,589.87
Images for account 623650-778-7

292  09/23/2019  $127.98

291  09/30/2019  $18.00

295  09/30/2019  $194.00
Report on visit to MWZF meeting 8/17-8/18/2019

I had spoken with Mark S the Buckeye RD and Rick C a Co Facilitator prior to arriving at the Forum. The day of arrival met them both and several other members of the forum in the hotel lobby. We all went out to dinner. They were very welcoming and happy to answer my questions.

They assured me that they followed their guidelines and that any changes to those guidelines would go back to the Regions prior to any votes. They use consensus-based decision making. Rick told me they have no dues or formal commitment from the various Regions. Regions make donations based on their ability to contribute.

They hold elections during the 1st two meetings of their yearly meeting cycle. Any member can nominate someone for a position. See their guidelines for each position’s qualifications. They elected 2 Co-Facilitators, a secretary, a treasurer, a web person, an agent, and they have a position for a Zonal Representative to WSC.

They believe that some type of Zonal Representation at WSC is inevitable but they are determined to assure that each of their regions still has a vote.

We attended the Zonal meetings on Saturday and Sunday. The Saturday meeting was dedicated to various reports on ongoing projects, reports from Regions, discussions of WSC project and discussion topics. All who attended were welcome to contribute to the discussion and ask questions. All could vote on which topics to consider,

The consensus-based decision was a bit strange and took some getting use to. The first day anyone who attended was allowed to vote on all issues. If someone objected to a decision or did not understand a decision. They explained their objection and the group spent as much time as necessary to resolve the issue. The second day was their business meeting only the RDs and Trusted Servants attended. They did allow us to attend.

All their meetings begin with a recovery meeting and at each forum they do some type of presentation based on the sponsoring Region’s needs. At this Forum they
did a presentation on Drug Replacement Therapy/ Medication Assisted Treatment as it relates to Na at an event held by the Region. All their service work is done via ad hoc committees.

They are now doing a multi-region learning day each year. They have sold t shirts and held fundraisers to support their events. They have joined with the Plains Zone and Southern zone to hold a symposium to be held in Sa Antonio Texas.

They use Zoom at their meetings and for some of their meetings. Their next meeting is at the Greater Illinois Convention in Decanter 11/8-11/9/2019.

We enjoyed the meetings and the people involved in the Zone. They are friendly and open and would very much like to see us join with them.

Yours in service,

David S.

412-628-1057

Dgs121947@gmail.com